Notre Dame and Western Michigan Softball Hitting and Pitching Clinic December 22, 2009

- **Hitting and Pitching Sessions for players 8 & up**
- **Players will be grouped by age within each offered session**
- **Clinic Sessions are instructed by Coach Kris Ganeff – University of Notre Dame and Coach Jamie Spitale – Western Michigan University**
- **Clinic will be held at Elite Baseball and Softball**

Hitting Clinic:

- Hitting will be offered from 10:30 am to 12:30 pm
- The Hitting session offered is 2 hours in length
- Enhance your skills in all aspects of hitting
- Take home drills that will improve your hitting
- Bringing own bat and helmet is highly recommended

Pitching Clinic:

- Pitching will be offered from 1:30 pm to 3:30 pm
- The pitching session offered is 2 hours in length
- Improve your pitching skills in all areas
- Enjoy individual instruction
- Learn how to become fundamentally sound with take home drills
- Each pitcher is required to bring someone to be their catcher. No charge for the person catching

Registration Information:
Hitting & Pitching Clinic:
$60 per two-hour session

Registration form must be completed and sent along with Full payment to:
Elite Softball
1100 Hynes SW, Grand Rapids, MI 49507
Email all Inquiries to: Michelle Brander at mbranderelite@gmail.com or call 616-246-7198

PARTICIPANT'S INFO: LAST **FIRST** **MI**

ADDRESS: **STREET** **CITY**

STATE **ZIP** **( ) PHONE**

AGE **GRADE** **EMAIL**

Hitting ___December 22 (10:30 – 12:30)

Pitching ___December 22 (1:30 – 3:30)